**Create Session**

1. Get shared courses between the two students
2. Get overlapping availability between them
3. Ask the user to choose:
   * A course
   * A time slot
4. Create a session using:
   * The two students
   * The course
   * The chosen date/time
   * A status of "Pending"
5. Call sendInvitation to notify the other student
6. Return the session